





NOVEMBER 2011

Lunch Seminar – Positive Emotion on 28 November 2011

A Lunch Seminar on Positive Emotion organised by Ascent Partners was successfully conducted at the CMA Australia Wanchai office on 28 November 2011. Our guest speaker, Ms Annie Ho Nim-chee, has kindly shared how to keep ourselves passionate about what we do and be more appreciative as well as optimistic in our daily life. Over 50 CMA members and participants have enjoyed this networking opportunity and gained hints on life enlightenment and to manage positive emotion from Annie’s presentation.

About the speaker:

Ms Annie Ho Nim-chee (臨床心理學家何念慈女士), a multiple role player as a clinical psychologist, an author; and a screenwriter. In response to the growth of people with more negative feelings of sadness and grief in a modern city full of stresses and challenges, she frequently provides counseling to youngsters about the life and conveys messages with positive emotion. In addition to working as a clinical psychologist, being a wife of an actor, Cheung Tat-Ming and a mother of two children, she is a real life example to present how to maintain positive emotion in a busy life.

	
	<p>Ms Annie Ho is sharing her tips on positive emotion with participants</p>
	
<p>Over 50 CMA members and participants attended the lunch seminar on positive emotions.</p>	